











Chaase Zess Stress





ONLY THE BEST

Chef-inspired, on-trend menus featuring fresh, quality ingredients



TOOLS TO THRIVE

Well-balanced, transparent menus to navigate healthy options with ease



ALL FOR YOU

Perfectly personalized to fit your life

Ace Your Appetite



ALL YOU CARE TO EAT

Reisner Dining Hall



ON THE GO

7 locations across campus

Hours of service available at Ship.CampusDish.com



Student Favorites















Mobile Ordering for students with a meal plan! Download *Transact Mobile Ordering App*



More information about all retail locations available at ship.campusdish.com

Special Events

SPECIAL EVENTS

Student-focused events that bring the campus community together



More to Explore



SUSTAINABILITY

Reducing our impact with reusable containers and Cool Food Meals



LOCAL PARTNERSHIPS





COMMONPLACE

· COFFEE ·

HOUSE AND ROASTERS



Eat Well









YOUR LIFE



FOOD THAT FITS ACCESS AT YOUR **FINGERTIPS**

YOUR LOCAL RESOURCE:

Reach out to our District Registered Dietitian

Gabby Balla - District Registered Dietitian

Balla-Gabriella@aramark.com



Special Dietary Needs

true balance

everything you want nothing you can't



no milk





no shellfish



no wheat no gluten



no soybean



no fish

Our chefs prepare specialized options from ingredients without the 9 most common food allergens.

Registered Dietitian available for students.

For more details: Ship.CampusDish.com



College Care Packages



- Gifts for every occasion delivered to your student
- Healthy and traditional snacks, with special dietary need options
- Personalize with a gift message
- Large and small options to fit every budget

Available at **ordermunchmail.com** or 833-63-MUNCH

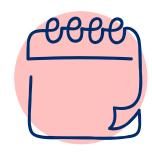


Hiring Students!









INCENTIVE PROGRAM

Earn \$250 bonus FLEX when you work 250 hours within the semester.

NO CAR, NO PROBLEM FLEXIBLE SCHEDULE

Convenient on campus locations make it easy for students to earn money.

Students choose their shifts to accommodate class schedule.



FOOD SERVICE WORKER | BARISTA CATERING SERVICE | PEER TO PEER

Scan QR code or visit website to apply!

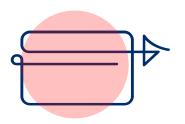
Careers.Aramark.com



Meal Plans

Know Your Perks





MEAL SWIPES

All you care to eat at Reisner Hall



MEAL EXCHANGE

Use your plan on-the-go



FLEX DOLLARS

Use at all on-campus dining locations



GUEST MEALS

Treat friends and family

Meal Periods



BREAKFAST -

Open (7:30am) - 10:30am

LUNCH-

10:30am - 3:30pm

DINNER-

3:30pm - 8:00pm

LATE NIGHT -

8:00pm -Close (10:30pm)

Find Your Fit





225 Block

Most Flexible Plan
225 meals per semester
5 Guest meals

\$1,963 / semester+

19 Meals/Week

Most Structured Plan

Weekdays: 3 meals daily

Weekends: 2 meals daily

5 Guest meals

\$2,168 / semester †

Admiral Plan

Unlimited* Meals
5 Guest Meals

\$2,337 / semester +

Choose \$250 or \$375 FLEX dollars

† Prices shown are for the most recent Spring 2023 Semester. New Fall 2023 pricing is expected to be available in July

Residential students are auto-assigned the 14 per Week Meal Plan with \$250 FLEX dollars.

*Admiral is unlimited dining in Reisner Dining Hall, and one meal per meal period in the retail locations.

Sign Up Mow!

UPGRADE YOUR PLAN TODAY AND EARN FREE FOOD AND DRINKS!

ON CAMPUS: UPGRADE YOUR MEAL PLAN

- Upgrade to a 19 per Week | 225 Block | Admiral
- Your Choice of a semester of Free* 6" subs at The Sub Shop or Medium Smoothies from Freshens

SELECT \$375 FLEX DOLLARS

5 Medium Iced Coffees at Dunkin' Donuts

ONLINE - My.ship.edu
VISIT STUDENT ACCOUNTS - Old Main, Room 100

*One item per week throughout Fall 2023 semester.









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